

ASSISTED DIP CHIN
JPB-203

◆ The Assisted Dip Chin is a great machine for both beginners and experienced users. The machine can be used with or without the added support pad and includes multiple grips for pull ups and an adjustable bar for performing dips.

◆ **DIMENSION:**
Length : 58 inches / 147 cms
Width : 46 inches / 117 cms
Height : 85 inches / 216 cms
Weight Stack : 220lbs / 100kg

◆ **MUSCLE WORKED:**
Erector Spine, Latissimus Dorsi,
Anterior Deltoid, Posterior Deltoid,
Biceps & Triceps

